

THE SERVICES OF CHEESEFARE WEEK

Sunday Evening through Tuesday Morning

Beginning at Daily Vespers on Meatfare Sunday evening we do not chant the aposticha from the Parakletike but rather the aposticha appointed for the day in the Triodion. At Daily Orthros on Monday and Tuesday mornings we chant (1.) the Hymns of Repentance in the tone of the week and the second poetic kathisma appointed for the day in the Triodion, (2.) the three-canticle Canons appointed for the day in the Triodion, and (3.) the aposticha appointed for the day in the Triodion.

Tuesday Evening

Following the dismissal of the usual (non-Lenten) 9th Hour, we begin Daily Vespers, following the usual order until the aposticha which is taken from the Triodion. After the Hymn of Righteous Simeon and the trisagion prayers, instead of chanting the apolytikion of the day, we chant the four Lenten troparia in tone 5 beginning with "Rejoice, O Virgin Theotokos..." (Liturgikon, p. 53) and continue through the Prayer of St Ephraim the Syrian (Liturgikon, p. 54). After that we may either end Vespers by saying the Little Dismissal (Liturgikon, p. 56) since Great Compline will be said later that night OR immediately begin Great Compline with "O come let us worship..." (Liturgikon, p. 71).

Wednesday Morning

Following the dismissal of the Weekday Midnight Office (in which is said the Prayer of St Ephraim the Syrian), we begin Lenten Daily Orthros (Liturgikon, p. 171) and continue through the Prayer of St Ephraim the Syrian (Liturgikon, p. 179). After that we may either end Orthros by saying the Little Dismissal (Liturgikon, p. 180) OR immediately begin the Lenten 1st Hour with "O come let us worship..." (Liturgikon, p. 182). The Lenten 3rd and 6th Hours are read together, there being a reading from Joel 2:12-26 at the 6th. No Liturgy may be served this day.

Wednesday Evening

Following the Lenten 9th Hour and Typika, we begin Daily Vespers, following the usual order (but with a reading from Joel 3:12-21 followed by a second prokeimenon) until the aposticha which is taken from the Triodion. After the Hymn of Righteous Simeon and the trisagion prayers, we chant the apolytikion of the day followed by

"Glory...Both now..." and the theotokion in the same tone. We say the ektenia "Have mercy on us..." (Liturgikon, p. 49) followed by the Prayer of St Ephraim the Syrian said once with three prostrations (Liturgikon, p. 54). After that we may either end Vespers by saying immediately the prayer "O all-holy Trinity..." and the rest through the Little Dismissal (Liturgikon, pp. 55-56) since Little Compline will be said later that night OR immediately begin Little Compline with "O come let us worship..." (Liturgikon, p. 58).

Thursday Morning

All divine services follow the usual (non-Lenten) order.

Thursday Evening

Following the dismissal of the usual (non-Lenten) 9th Hour, we begin Daily Vespers, following the usual order until the aposticha which is taken from the Triodion. After the Hymn of Righteous Simeon and the trisagion prayers, instead of chanting the apolytikion of the day, we chant the four Lenten troparia in tone 5 beginning with "Rejoice, O Virgin Theotokos..." (Liturgikon, p. 53) and continue through the Prayer of St Ephraim the Syrian (Liturgikon, p. 54). After that we may either end Vespers by saying the Little Dismissal (Liturgikon, p. 56) since Great Compline will be said later that night OR immediately begin Great Compline with "O come let us worship..." (Liturgikon, p. 71).

Friday Morning

Following the dismissal of the Weekday Midnight Office (in which is said the Prayer of St Ephraim the Syrian), we begin Lenten Daily Orthros (Liturgikon, p. 171) and continue through the Prayer of St Ephraim the Syrian (Liturgikon, p. 179). After that we may either end Orthros by saying the Little Dismissal (Liturgikon, p. 180) OR immediately begin the Lenten 1st Hour with "O come let us worship..." (Liturgikon, p. 182). The Lenten 3rd and 6th Hours are read together, there being a reading from Zacharias 8:7-17 at the 6th. No Liturgy may be served this day.

Friday Evening

Following the Lenten 9th Hour and Typika, we begin Daily Vespers. Note that all of the stichera on "O Lord, I have cried unto thee" are taken from the Triodion as is the doxastikon; the theotokion, however, is the dogmatikon in the tone of the week taken from the Octoëchos. After the daily prokeimenon, there is a reading from Zacharias 8:19-23 followed by a second prokeimenon. The aposticha is taken from the Triodion. After the Hymn of Righteous Simeon and the trisagion

prayers, we chant in tone 4 the apolytikion of Cheesefare Saturday "O God of our fathers..." followed by "Glory...Both now..." and the Resurrectional theotokion in the same tone "The mystery which was hidden..." from the Octoëchos. We then say the ektenia "Have mercy on us..." (Liturgikon, p. 49) followed by the Prayer of St Ephraim the Syrian said once with three prostrations (Liturgikon, p. 54). After that we may either end Vespers by saying immediately the prayer "O all-holy Trinity..." and the rest through the Little Dismissal (Liturgikon, pp. 55-56) since Little Compline will be said later that night OR immediately begin Little Compline with "O come let us worship..." (Liturgikon, p. 58). Note that at this Little Compline we say the Canon for the Departed in the tone of the week from the Parakletike.

Saturday Morning

*Commemoration of our Venerable Fathers and Mothers
who have shown forth in the ascetic life*

All divine services follow the usual (non-Lenten) order. We chant "God is the Lord" at Orthros since it is for the Commemoration (4th Class/Doxology), not for the Departed. The Divine Liturgy of St John Chrysostom is appointed to be celebrated.