

THE SEASON OF THE TRIODION

THE BEGINNING OF THE TRIODION

Eleven Sundays before Pascha we inaugurate the season of the Triodion with the first of four pre-Lenten Sundays ? the Sunday of the Publican and Pharisee. At Great Vespers on the preceding Saturday evening, after the chanting of the Resurrectional stichera from the Octoëchos on “Lord, I have cried unto Thee,” the service is halted. The Protopsaltis leaves the chanters’ stand, goes to stand before the icon of the Master Christ on the iconostasis, makes three great metanias (prostrations to the ground), kisses the icon of the Master Christ, takes up the book of the Triodion (which, before the service began, was placed before the icon of the Master Christ by the Priest), kisses the Triodion, makes three small metanias (bows from the waist) before the icon of the Master Christ, returns to the chanter’s stand, opens the Triodion and very deliberately chants the stichera for the Sunday of the Publican and Pharisee on “Lord, I have cried unto Thee.”

THE WEEK FOLLOWING THE SUNDAY OF THE PUBLICAN AND THE PHARISEE

During the week following the first pre-Lenten Sunday there is no fasting on any day, including Wednesday and Friday.

THE WEEK FOLLOWING THE SUNDAY OF THE PRODIGAL SON – “MEATFARE WEEK”

During the week following the second pre-Lenten Sunday ? known as “Meatfare Week” ? the traditional fasting discipline (*no meat, poultry, cheese, eggs, dairy, fish, wine or wine*) is observed on Wednesday and Friday as usual.

THE SATURDAY BEFORE JUDGMENT OR MEATFARE SUNDAY

The day before the third pre-Lenten Sunday is one of several Souls Saturdays which the Church appoints for a general commemoration of all the Departed. Detailed rubrics for divine services, from Daily Vespers on the preceding Friday evening through Orthros and Divine Liturgy on Saturday morning, may be found in the document entitled “Souls Saturday” in the Lenten Services section of our Clergy Brotherhood’s web site at <http://www.networks-now.net/litresswraoc/Services.htm>

JUDGMENT OR MEATFARE SUNDAY

The third Sunday of the pre-Lenten period is known as Judgment (from the theme of the Gospel pericope appointed for that Sunday’s Divine Liturgy: *Matthew 25: 31-46*) or Meatfare Sunday (from the canonical prescription that this be the last day until Pascha that flesh-meats are consumed). At Orthros on this and next Sunday we do not chant the *Amomos* “Blessed are the blameless” (Ps. 118), but rather the *Polyeleos* “Praise ye the name of the Lord” and “O give thanks unto the Lord” (Pss. 134 and 135) in tone 1, and “By the waters of Babylon” (Ps. 136) in tone 3. In parish churches it is usual that the *Polyeleos* is omitted on this and the next Sunday, so that only “By the waters of Babylon” (Ps. 136) is chanted.

THE WEEK FOLLOWING JUDGMENT OR MEATFARE SUNDAY – “CHEESE WEEK”

The week following the third pre-Lenten Sunday is known as “Cheese Week,” during which we observe what is popularly referred to as a “white fast.” This means that while we indeed abstain from all flesh-meats (*beef, lamb, pork, poultry, etc.*) on all days of the week, other types of foods (*including cheese, eggs and all dairy products, and fish*) are permitted on all days of the week, including Wednesday and Friday. Wednesday and Friday of “Cheese Week” are liturgically observed as Lenten days, meaning that no Divine Liturgy may be served and all divine services follow the Lenten order. Detailed rubrics for divine services during “Cheese Week,” from Vespers on Meatfare Sunday evening through Orthros and Divine Liturgy on the following Saturday morning, may be found in the document entitled “Cheese Week Services” in the Lenten Services section of our Clergy Brotherhood’s web site at <http://www.networks-now.net/litresswraoc/Services.htm>

THE SATURDAY BEFORE FORGIVENESS OR CHEESEFARE SUNDAY

The day before the fourth and final pre-Lenten Sunday is the Saturday on which the Church makes commemoration of all our venerable and God-bearing Fathers and Mothers who shown forth in the ascetic life.

Rubrics for divine services, from Daily Vespers on the preceding Friday evening through Orthros and Divine Liturgy on Saturday morning, may be found in the Triodion.

FORGIVENESS OR CHEESEFARE SUNDAY

The fourth and final Sunday of the pre-Lenten period is known as Forgiveness (from the theme of the Gospel pericope appointed for that Sunday's Divine Liturgy: *Matthew 6: 14-21*) or Cheesefare Sunday (from the canonical prescription that this be the last day until Pascha that cheese, eggs, dairy and fish¹ are consumed). At Orthros on this Sunday we do not chant the *Amomos* "Blessed are the blameless" (Ps. 118), but rather the *Polyeleos* "Praise ye the name of the Lord" and "O give thanks unto the Lord" (Pss. 134 and 135) in tone 1, and "By the waters of Babylon" (Ps. 136) in tone 3. In parish churches it is usual that the *Polyeleos* is omitted on this Sunday, so that only "By the waters of Babylon" (Ps. 136) is chanted. ON THIS DAY WE PREPARE EXTRA LAMB(S) AT PROSKOMEDIA (Cf. *Liturgikon*, p. 333). On the afternoon of Forgiveness or Cheesefare Sunday we open the season of the Great Fast with Vespers followed by the Rite of Forgiveness. Detailed rubrics for this service popularly known as "Forgiveness Vespers," and for Vespers on every Sunday during the Great Fast, may be found in the document entitled "Lenten Sunday Vespers" in the Lenten Services section of our Clergy Brotherhood's web site at <http://www.networks-now.net/litresswraoc/Services.htm>

THE WEEK FOLLOWING FORGIVENESS OR CHEESEFARE SUNDAY – "PURE WEEK"

The week following the fourth and final pre-Lenten Sunday is known as "Pure Week," the first three days of which are traditionally observed with what is popularly referred to as a "black fast." This means that beginning with the first day of the Great Fast ? known as Pure Monday ? no food or drink is consumed until after the Liturgy of the Presanctified Gifts on Pure Wednesday. After the first three days of Pure Week the traditional fasting discipline (*no meat, poultry, cheese, eggs, dairy, fish, wine or oil*) is observed on all weekdays for the remainder of the Great Fast.² The weekdays of the Great Fast are liturgically observed as Lenten days, meaning that no Divine Liturgy may be served and all divine services follow the Lenten order. On the Saturdays of the Great Fast the Divine Liturgy of St John Chrysostom is appointed to be served while on the Sundays of the Great Fast that of St Basil the Great is appointed. Detailed rubrics for many of the divine services appointed to be served during the Great Fast may be found in the Lenten Services section of our Clergy Brotherhood's web site at <http://www.networks-now.net/litresswraoc/Services.htm> and music for those services may be found on the Hymnography page at <http://www.networks-now.net/litresswraoc/Hymnography.htm>

THE DIVINE SERVICES OF THE GREAT FAST

The season of the Great Fast ? known as "the Springtime of souls" ? commences with Vespers and the Rite of Forgiveness on the afternoon of Forgiveness or Cheesefare Sunday.

The 1st Week of the Great Fast

- Sunday Afternoon: Vespers and the Rite of Forgiveness³ (Cf. *Liturgikon*, p. 52; especially footnotes 1 & 5)
Sunday Evening: Little Compline (Cf. *Liturgikon*, p. 57; especially footnote 3)
Pure Mon. Morning: The Midnight Office is not served on Pure Monday
Lenten Orthros³ (Cf. *Liturgikon*, p.171; especially footnotes 2 & 3)
Lenten 1st, 3rd & 6th Hours³ (Cf. *Liturgikon*, p. 181; be careful to note rubrics for Lent)
Pure Mon. Afternoon: Lenten 9th Hour and Typika³ (Cf. *Liturgikon*, p. 181; be careful to note rubrics for Lent)
Lenten Vespers³ (Cf. *Liturgikon*, p. 52)
Pure Mon. Evening: Great Compline³ & Canon of St Andrew³ (Cf. *Liturgikon*, p. 70, especially footnotes 3 & 4)⁴

¹ There is, however, *katalysis* for fish on the feast of the Annunciation (March 25) and Palm Sunday.

² There is, however, *katalysis* for wine and oil on all Sundays and Saturdays (except Great and Holy Saturday when wine is permitted but not oil), and for fish, wine and oil on the great feasts of Annunciation (March 25) and Palm Sunday.

³ See our Clergy Brotherhood web site for rubrics ("Services/Instructions" page) and music ("Hymnography" page).

⁴ Great Compline may be joined to the end of Vespers as Little Compline is on Sundays. See *Liturgikon*, p. 54, footnote 5.

Pure Tues. Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Pure Tues. Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Pure Tues. Evening: Great Compline & the Great Canon of St Andrew of Crete (Cf. Liturgikon, p. 70)

Pure Wed. Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Pure Wed. Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336, especially footnote 9)

Pure Wed. Evening: Great Compline & the Great Canon of St Andrew of Crete (Cf. Liturgikon, p. 70)

Pure Thur. Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Pure Thur. Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Pure Thur. Evening: Great Compline & the Great Canon of St Andrew of Crete (Cf. Liturgikon, p. 70)

Pure Fri. Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Pure Fri. Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336, especially footnote 9)⁵
 The Canon to St Theodore with the Blessing of Kollyva (Cf. Liturgikon, p. 468)

Pure Fri. Evening: Little Compline & Akathist Hymn⁶ (Cf. Liturgikon, p. 57, especially footnotes 1, 2 & 5)⁷

1st Saturday Morning: Midnight Office (Cf. Liturgikon, p. 122)
 Orthros (Cf. Liturgikon, p. 155 since it is not for the Departed but for Theodore Saturday)
 Divine Liturgy of St John Chrysostom (Cf. Liturgikon, p. 256)

Saturday Afternoon: 9th Hour and Great Vespers (Cf. Liturgikon, pp. 181 & 14)
 Little Compline (Cf. Liturgikon, p. 57)

1st Sunday Morning: Midnight Office (Cf. Liturgikon, p. 104)
 PREPARE EXTRA LAMB(S) AT PROSKOMEDIA (Cf. Liturgikon, p. 333)
 Orthros (Cf. Liturgikon, p. 131)
 Divine Liturgy of St Basil the Great (Cf. Liturgikon, p. 256)
 Triumph of Orthodoxy Procession with Icons and Reading of the Synodikon

Sunday Afternoon: 9th Hour (Cf. Liturgikon, p. 181)

The 2nd Week of the Great Fast

Sunday Afternoon: Vespers (Cf. Liturgikon, p. 52)

Sunday Evening: Little Compline (Cf. Liturgikon, p. 57)

Monday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Monday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

⁵ If desired, Lenten Vespers may be served rather than the Liturgy of the Presanctified Gifts. See Liturgikon, p. 52, especially footnote 2.

⁶ See our Clergy Brotherhood web site for rubrics (“Services/Instructions” page) and music (“Hymnography” page).

⁷ Little Compline & Akathist may be joined to the end of Vespers as Little Compline is on Sundays. See Liturgikon, p. 54, footnote 5.

Monday Evening: Great Compline (Cf. Liturgikon, p. 70)

Tuesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Tuesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Tuesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Wednesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Wednesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

Wednesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Thursday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Thursday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Thursday Evening: Great Compline (Cf. Liturgikon, p. 70)

Friday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Friday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

Friday Evening: Little Compline & Akathist Hymn (Cf. Liturgikon, p. 57)

2nd Saturday Morning: Midnight Office (Cf. Liturgikon, p. 122)
 Orthros (Cf. Liturgikon, p. 168 since it is for the Departed)
 Divine Liturgy of St John Chrysostom (Cf. Liturgikon, p. 256)

Saturday Afternoon: 9th Hour and Great Vespers (Cf. Liturgikon, pp. 181 & 14)
 Little Compline (Cf. Liturgikon, p. 57)

2nd Sunday Morning: Midnight Office (Cf. Liturgikon, p. 104)
 PREPARE EXTRA LAMB(S) AT PROSKOMEDIA (Cf. Liturgikon, p. 333)
 Orthros (Cf. Liturgikon, p. 131)
 Divine Liturgy of St Basil the Great (Cf. Liturgikon, p. 256)

Sunday Afternoon: 9th Hour (Cf. Liturgikon, p. 181)

The 3rd Week of the Great Fast

Sunday Afternoon: Vespers (Cf. Liturgikon, p. 52)

Sunday Evening: Little Compline (Cf. Liturgikon, p. 57)

Monday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Monday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Monday Evening: Great Compline (Cf. Liturgikon, p. 70)

Tuesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Tuesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Tuesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Wednesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Wednesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

Wednesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Thursday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Thursday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Thursday Evening: Great Compline (Cf. Liturgikon, p. 70)

Friday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Friday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

Friday Evening: Little Compline & Akathist Hymn (Cf. Liturgikon, p. 57)

3rd Saturday Morning: Midnight Office (Cf. Liturgikon, p. 122)
 Orthros (Cf. Liturgikon, p. 168 since it is for the Departed)
 Divine Liturgy of St John Chrysostom (Cf. Liturgikon, p. 256)

Saturday Afternoon: 9th Hour and Great Vespers (Cf. Liturgikon, pp. 181 & 14)
 Little Compline (Cf. Liturgikon, p. 57)

3rd Sunday Morning: Midnight Office (Cf. Liturgikon, p. 104)
 PREPARE EXTRA LAMB(S) AT PROSKOMEDIA (Cf. Liturgikon, p. 333)
 Orthros (Cf. Liturgikon, p. 131)
 Procession and Adoration of the Precious Cross⁸ (Cf. Liturgikon, p. 435)
 Divine Liturgy of St Basil the Great (Cf. Liturgikon, p. 256)

Sunday Afternoon: 9th Hour (Cf. Liturgikon, p. 181)

The 4th Week of the Great Fast – the Week of the Cross

Sunday Afternoon: Vespers (Cf. Liturgikon, p. 52)

Sunday Evening: Little Compline (Cf. Liturgikon, p. 57)

Monday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Monday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Monday Evening: Great Compline (Cf. Liturgikon, p. 70)

Tuesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Tuesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Tuesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Wednesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Wednesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)

⁸ The Precious Cross is kept in the center of the solea for veneration until the end of the 6th Hour on Friday morning when it is solemnly returned to its place in the sanctuary.

Liturgy of the Presanctified Gifts (*Cf. Liturgikon*, p. 336)

Wednesday Evening: Great Compline (*Cf. Liturgikon*, p. 70)

Thursday Morning: Lenten Midnight Office (*Cf. Liturgikon*, p. 111)
 Lenten Orthros (*Cf. Liturgikon*, p.171)
 Lenten 1st, 3rd & 6th Hours (*Cf. Liturgikon*, p. 181)

Thursday Afternoon: Lenten 9th Hour & Typika (*Cf. Liturgikon*, p. 181)
 Lenten Vespers (*Cf. Liturgikon*, p. 52)

Thursday Evening: Great Compline (*Cf. Liturgikon*, p. 70)

Friday Morning: Lenten Midnight Office (*Cf. Liturgikon*, p. 111)
 Lenten Orthros (*Cf. Liturgikon*, p.171)
 Lenten 1st, 3rd & 6th Hours (*Cf. Liturgikon*, p. 181)⁹

Friday Afternoon: Lenten 9th Hour & Typika (*Cf. Liturgikon*, p. 181)
 Liturgy of the Presanctified Gifts (*Cf. Liturgikon*, p. 336)

Friday Evening: Little Compline & Akathist Hymn (*Cf. Liturgikon*, p. 57)

4th Saturday Morning: Midnight Office (*Cf. Liturgikon*, p. 122)
 Orthros (*Cf. Liturgikon*, p. 168 since it is for the Departed)
 Divine Liturgy of St John Chrysostom (*Cf. Liturgikon*, p. 256)

Saturday Afternoon: 9th Hour and Great Vespers (*Cf. Liturgikon*, pp. 181 & 14)
 Little Compline (*Cf. Liturgikon*, p. 57)

4th Sunday Morning: Midnight Office (*Cf. Liturgikon*, p. 104)
 PREPARE EXTRA LAMB(S) AT PROSKOMEDIA (*Cf. Liturgikon*, p. 333)
 Orthros (*Cf. Liturgikon*, p. 131)
 Divine Liturgy of St Basil the Great (*Cf. Liturgikon*, p. 256)

Sunday Afternoon: 9th Hour (*Cf. Liturgikon*, p. 181)

The 5th Week of the Great Fast

Sunday Afternoon: Vespers (*Cf. Liturgikon*, p. 52)

Sunday Evening: Little Compline (*Cf. Liturgikon*, p. 57)

Monday Morning: Lenten Midnight Office (*Cf. Liturgikon*, p. 111)
 Lenten Orthros (*Cf. Liturgikon*, p.171)
 Lenten 1st, 3rd & 6th Hours (*Cf. Liturgikon*, p. 181)

Monday Afternoon: Lenten 9th Hour & Typika (*Cf. Liturgikon*, p. 181)
 Lenten Vespers (*Cf. Liturgikon*, p. 52)

Monday Evening: Great Compline (*Cf. Liturgikon*, p. 70)

Tuesday Morning: Lenten Midnight Office (*Cf. Liturgikon*, p. 111)
 Lenten Orthros (*Cf. Liturgikon*, p.171)
 Lenten 1st, 3rd & 6th Hours (*Cf. Liturgikon*, p. 181)

Tuesday Afternoon: Lenten 9th Hour & Typika (*Cf. Liturgikon*, p. 181)
 Lenten Vespers (*Cf. Liturgikon*, p. 52)

Tuesday Evening: Great Compline (*Cf. Liturgikon*, p. 70)

Wednesday Morning: Lenten Midnight Office (*Cf. Liturgikon*, p. 111)
 Lenten Orthros (*Cf. Liturgikon*, p.171)
 Lenten 1st, 3rd & 6th Hours (*Cf. Liturgikon*, p. 181)

Wednesday Afternoon: Lenten 9th Hour & Typika (*Cf. Liturgikon*, p. 181)
 Liturgy of the Presanctified Gifts (*Cf. Liturgikon*, p. 336, especially footnote 3)¹⁰

Wednesday Evening: Little Compline with the chanting of the Great Canon of St Andrew of Crete¹¹ (*Cf. Liturgikon*, p. 57, especially footnote 1; and the “Great Canon” rubrics on the web site)

⁹ The Precious Cross is solemnly removed from the center of the solea after its veneration at the end of the 6th Hour.

¹⁰ In parish churches this Liturgy of the Presanctified Gifts is usually not served. Instead, Vespers and Little Compline are served with the chanting of the complete Great Canon of Repentance. A Liturgy of the Presanctified is served the next day (5th Thursday).

¹¹ See our Clergy Brotherhood web site for rubrics (“Services/Instructions” page) and music (“Hymnography” page).

Thursday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Thursday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336, especially footnote 3)

Thursday Evening: Great Compline (Cf. Liturgikon, p. 70)

Friday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Friday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

Friday Evening: Little Compline & the chanting of the complete Akathist Hymn (Cf. Liturgikon, p. 57)

5th Saturday Morning: Midnight Office (Cf. Liturgikon, p. 122)
 Orthros (Cf. Liturgikon, p. 155 since it is not for the Departed but for Akathist Saturday)
 Divine Liturgy of St John Chrysostom (Cf. Liturgikon, p. 256)

Saturday Afternoon: 9th Hour and Great Vespers (Cf. Liturgikon, pp. 181 & 14)
 Little Compline (Cf. Liturgikon, p. 57)

5th Sunday Morning: Midnight Office (Cf. Liturgikon, p. 104)
 PREPARE EXTRA LAMB(S) AT PROSKOMEDIA (Cf. Liturgikon, p. 333)
 Orthros (Cf. Liturgikon, p. 131)
 Divine Liturgy of St Basil the Great (Cf. Liturgikon, p. 256)

Sunday Afternoon: 9th Hour (Cf. Liturgikon, p. 181)

The 6th and Final Week of the Great Fast – the Week of Palms

Sunday Afternoon: Vespers (Cf. Liturgikon, p. 52)

Sunday Evening: Little Compline (Cf. Liturgikon, p. 57)

Monday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Monday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Monday Evening: Great Compline (Cf. Liturgikon, p. 70)

Tuesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Tuesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Tuesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Wednesday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Wednesday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

Wednesday Evening: Great Compline (Cf. Liturgikon, p. 70)

Thursday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)
 Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)

Thursday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Lenten Vespers (Cf. Liturgikon, p. 52)

Thursday Evening: Great Compline (Cf. Liturgikon, p. 70)

Friday Morning: Lenten Midnight Office (Cf. Liturgikon, p. 111)

Lenten Orthros (Cf. Liturgikon, p.171)
 Lenten 1st, 3rd & 6th Hours (Cf. Liturgikon, p. 181)
 Friday Afternoon: Lenten 9th Hour & Typika (Cf. Liturgikon, p. 181)
 Liturgy of the Presanctified Gifts (Cf. Liturgikon, p. 336)

? *With this Liturgy of the Presanctified we conclude the Great Fast and begin Great and Holy Week ?*

Great and Holy Week

6th Friday Evening: Little Compline & Canon of Lazarus (Cf. Liturgikon, p. 57, especially footnotes 1 & 2)
 Lazarus Sat. Morning: Midnight Office (Cf. Liturgikon, p. 104 since it is for Righteous Lazarus)
 Orthros (Cf. Liturgikon, p. 131 since it is not for the Departed but for Lazarus Saturday)
 Divine Liturgy of St John Chrysostom (Cf. Liturgikon, p. 256)¹²
 Saturday Afternoon: 9th Hour and Great Vespers for Palm Sunday (Cf. Liturgikon, pp. 181 & 14)
 Saturday Evening: Little Compline (Cf. Liturgikon, p. 57)
 Palm Sun. Morning: Midnight Office (Cf. Liturgikon, p. 104)
 Orthros (Cf. Liturgikon, p. 131)
 BLESSING OF THE PALMS (Cf. Liturgikon, p. 465)
 Divine Liturgy of St John Chrysostom for Palm Sunday (Cf. Liturgikon, p. 256)
 Procession with the Palms¹²
 Sunday Afternoon: 9th Hour (Cf. Liturgikon, p. 181)
 Vespers (Cf. Liturgikon, p. 52)
 Little Compline (Cf. Liturgikon, p. 57)
 Sunday Evening: 1st Bridegroom Service – Orthros of Great and Holy Monday
 Procession and Veneration of the Icon of Christ the Bridegroom¹³
 Great Mon. Morning: 1st, 3rd, 6th and 9th Hours followed by Typika
 Liturgy of the Presanctified Gifts with a Gospel reading
 Monday Afternoon: Great Compline with the appointed Canon
 Monday Evening: 2nd Bridegroom Service – Orthros of Great and Holy Tuesday
 Great Tues. Morning: 1st, 3rd, 6th and 9th Hours followed by Typika
 Liturgy of the Presanctified Gifts with a Gospel reading
 Tuesday Afternoon: Great Compline with the appointed Canon
 Tuesday Evening: 3rd Bridegroom Service – Orthros of Great and Holy Wednesday
 The chanting of the Hymn of St Kassiane
 Great Wed. Morning: 1st, 3rd, 6th and 9th Hours followed by Typika
 Liturgy of the Presanctified Gifts (final one for the year) with a Gospel reading¹⁴
 Wednesday Afternoon: Little Compline with the appointed Canon
 Wednesday Evening: The Mystery of Holy Unction with Anointing of the Faithful
 Great Thur. Morning: Orthros of Great and Holy Thursday
 1st, 3rd, 6th and 9th Hours followed by Typika
 Vespers Divine Liturgy of St Basil the Great
 Preparation of the Reserved Sacrament for the coming year
 Rite of the Washing of the Feet
 Thursday Afternoon: Little Compline with the appointed Canon
 Thursday Evening: The Twelve Passion Gospels – Orthros of Great and Holy Friday
 Procession and Veneration of the Crucified
 Great Fri. Morning: Royal Hours and Typika
 Friday Afternoon: Great Vespers of Great Saturday (Cf. Liturgikon, p. 374)
 Bearing forth and Veneration of the Epitaphion

¹² See our Clergy Brotherhood web site for music for “Rejoice, O Bethany” (“Hymnography” page).

¹³ The icon of Christ the Bridegroom is kept in the center of the solea for veneration until after divine services on Wednesday morning.

¹⁴ The icon of Christ the Bridegroom is solemnly removed from the center of the solea after its veneration at the end of the Liturgy.

Friday Evening: Little Compline with the appointed Canon
The Lamentations ? Orthros of Great and Holy Saturday ? “Saturday of Light”
Procession and Veneration of the Epitaphion

Great Sat. Morning: 1st, 3rd, 6th and 9th Hours followed by Typika
Vespers Divine Liturgy of St Basil the Great – a Baptismal Liturgy¹⁵
Changing of the Colors and Procession with the Strewing of Sweet-smelling Herbage

Saturday Night: Midnight Office (Cf. Liturgikon, p. 376)
? With this Midnight Office we conclude the season of the Triodion and begin our Paschal celebrations ?

PASCHA Midnight: Rush Procession and Resurrection Service (Cf. Liturgikon, p. 379)
Paschal Orthros¹⁶ (Cf. Liturgikon, p. 381)
Paschal Divine Liturgy of St John Chrysostom (Cf. Liturgikon, p. 387)
Paschal Homily & Apolytikion of St John Chrysostom¹⁷ (Cf. Liturgikon, p. 391)
Blessing of Flesh-meats, Cheese and Eggs (Cf. Liturgikon, p. 466)

PASCHA Afternoon: Paschal Office (Cf. Liturgikon, p. 394)
Paschal Vespers of Love – “Agape Vespers” (Cf. Liturgikon, p. 398)
The Proclamation of the Gospel in many languages
Paschal Procession during the chanting of the Paschal Stichera on the Aposticha

THE WEEK FOLLOWING THE SUNDAY OF PASCHA

During the week following the Sunday of Pascha ? known as Bright Week ? there is no fasting on any day, including Wednesday and Friday. For the order of divine services during Bright Week and the Paschal Season, see Liturgikon, pp. 388-404 and the “Services/Instructions” page of our Clergy Brotherhood web site at <http://www.networks-now.net/litresswraoc/Services.htm> During Bright Week it is traditional that a Paschal Procession be made twice daily ? once at Divine Liturgy (immediately following the Prayer Behind the Amvon – the Paschal Stichera are chanted during the procession), and once at Vespers (during the chanting of the Paschal Stichera on the Aposticha). For the special order for the Trisagion Prayers of Mercy and the Funeral Service during Bright Week, see Liturgikon, p. 464 and the “Services/Instructions” page of our Clergy Brotherhood web site at <http://www.networks-now.net/litresswraoc/Services.htm>

IT SHOULD BE NOTED THAT THE **COMPLETE** ENGLISH-LANGUAGE TEXT OF THE LITURGICAL BOOK ENTITLED
“THE TRIODION”
WAS TRANSLATED BY BISHOP KALLISTOS (WARE) AND MOTHER MARY AND IS AVAILABLE IN TWO VOLUMES :
“THE LENTEN TRIODION”
&
“THE SUPPLEMENT TO THE LENTEN TRIODION.”

IT IS NECESSARY TO HAVE BOTH VOLUMES IN ORDER TO HAVE THE COMPLETE TEXT OF “THE TRIODION.”

BOTH VOLUMES ARE AVAILABLE THROUGH :
EIGHTH DAY BOOKS IN WICHITA, KANSAS
books@eighthdaybooks.com

¹⁵ See our Clergy Brotherhood web site for the order of Baptizing and Chrismating in the context of this Divine Liturgy.

¹⁶ See our Clergy Brotherhood web site for music for the Paschal Canon (“Hymnography” page).

¹⁷ See our Clergy Brotherhood web site for music for the Apolytikion of St John Chrysostom (“Hymnography” page).