

Troparia & Psalm Verses for the Lenten Hours

Arr. by fbe 1987

First Hour - Tone 6

In the mor- ning, hear- en to my voice,
O my King and my God.

Verse: *Unto my words give ear, O Lord; hear my cry.*

Refrain: *In the morning ... (as above)*

Verse: *For unto Thee will I pray, O Lord.*

Refrain: *In the morning ... (as below)*

In the mor- ning hear- en, to my voice,
O my King and my God.

Third Hour - Tone 6

O Lord, Who at the third hour didst send
down Thine All- Ho- ly Spi- rit up- on
Thy dis- ci- ples and a- pos- tles: Take not
Him a- way from us, O Good One, but
re- new Him in us who pray un- to Thee.

Verse: Create in me a clean heart, O God, and renew a right spirit within me.

Refrain: O Lord, Who art the third hour ... (as above)

Verse: Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Refrain: O Lord, Who at the thrid hour ... (as below)

O Lord, Who at the third hour didst send
down Thine All-Holy Spirit upon
Thy disciples and apostles: Take not
Him away from us, O Good One, but
renew Him in us who pray unto Thee.

Sixth Hour - Tone 2

Thou Who on the sixth day and at the
sixth hour didst nail to the Cross the
sin that Adam dared to commit in Paradise:
Rend also the handwriting against us, O

Christ our God and save us.

Verse: Give ear, O God, unto my prayer, and disdain not my supplication.

Refrain: Thou Who on the sixth day ... (as above)

Verse: Unto God have I cried, and the Lord hearkened unto me.

Refrain: Thou Who on the sixth day ... (as below)

Thou Who on the sixth day and at the

sixth hour didst nail to the Cross the

sin that A-dam dared to com-mit in Pa-ra-dise:

Rend al-so the hand-wri-ting a-gainst us, O

Christ our God and save us.

Ninth Hour - Tone 8

Thou Who at the ninth hour for our sake didst taste of death

in the flesh Mor-ti fy our car-nal mind, O

Christ God, and save us.

Verse: *Let my supplication draw nigh before Thee, O Lord; according to Thine oracle give me understanding.*

Refrain: *Thou Who at the ninth hour ... (as above)*

Verse: *Let my petition come before Thee, O Lord; according to Thine oracle deliver me.*

Refrain: *Thou Who at the ninth hour ... (as below)*

Thou Who at the ninth hour for our sake didst taste of death
in the flesh Mor-ti fy our car-nal mind, O
Christ God, and save us.

The musical score consists of three staves of music. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody is written in a simple, hymn-like style with quarter and eighth notes. The lyrics are placed below the notes. The second staff continues the melody, featuring a fermata over the word 'Mor-ti' and a slur over 'fy our car-nal mind, O'. The third staff concludes the phrase with 'Christ God, and save us.', ending with a double bar line and a final note on a whole rest.