Readers Sunday Orthros

(Outside the Lenten and Paschal Seasons)

Textual references are taken from <u>The Great Horologion</u> (For the weekly changes, refer to the weekly TYPIKON NOTES)

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<u>READER</u>: Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

Glory to Thee, O God, glory to Thee.
O heavenly King ...
Glory ... Both now ...
All-holy Trinity ...
Lord, have mercy ... (3 times)
Glory ... Both now ...
Our Father ... but deliver us from evil.
Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

Lord, have mercy. *(12 times)* Glory ... Both now ... O come, let us worship and fall down before God our King. O come, let us worship and fall down before Christ our King and our God. O come, let us worship and fall down before Him, Christ the King and our God.

The Lord hear thee... (*Psalm 19*) O Lord, in Thy strength... (*Psalm 120*)

Glory... Both now... Holy God... *through* Our Father... *(as above)* Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

Save, O Lord, Thy people... Glory... Thou Who wast raised up on the Cross... Both now... O dread protection...

Lord, have mercy. (12 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

Glory to God in the highest ... *(3 times)* O Lord, Thou shalt open my lips ... *(2 times)*

O Lord, why are they ... (*Psalm 3*) O Lord, rebuke me not ... (*Psalm 37*) O God, my God ... (*Psalm 62*)

Glory... Both now... Alleluia, alleluia: Glory to Thee, O God. *(3 times)* Lord, have mercy. *(3 times)* Glory... Both now...

O Lord, God of my salvation ... (*Psalm 87*) Bless the Lord, O my soul ... (*Psalm 102*) O Lord, hear my prayer ... (*Psalm 142*)

Glory... Both now... Alleluia, alleluia: Glory to Thee, O God. *(3 times)* O God our Hope, O Lord, glory be to Thee.

Lord, have mercy. *(40 times)* Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Chanter chants (in the tone of the week) "God is the Lord..." with its three verses:

<u>CHANTER:</u> God is the Lord... Verse 1: O give thanks unto the Lord ... God is the Lord ... Verse 2: All the nations compassed me about ... God is the Lord ... Verse 3: This is the Lord's doing ... God is the Lord ...

Following the fourth chanting of "God is the Lord..." the Chanter chants the Resurrectional Apolytíkion and Theotokíon in the tone of the week.

The Reader may say the first stichológion from the Psalter (Káthisma II).

<u>READER:</u> Lord, have mercy. (12 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Chanter chants the first Poetic Káthisma in the tone of the week.

The Reader may say the second stichológion from the Psalter (Káthisma III) and

READER: Lord, have mercy. (12 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Chanter chants the second Poetic Káthisma in the tone of the week.

The Chanter may chant the third stichológion from the Psalter (Kathisma XVII) or the Polyeleos, as appointed.

The Chanter chants the Evlogitária of the Resurrection in tone 5:

CHANTER: Blessed art Thou, O Lord ... The assembly of Angels ... Refrain: Blessed art Thou, O Lord ... Why do ye mingle myrrh ... Refrain: Blessed art Thou, O Lord ... At early morn, the myrrh-bearers hastened ... Refrain: Blessed art Thou, O Lord ... The myrrh-bearing women came ... Glory ... We worship the Father ... Both now ... By giving birth to the Giver of Life ... Alleluia, alleluia, alleluia: Glory to Thee, O God. *(3 times)*

<u>READER:</u> Lord, have mercy. (12 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Reader says the Resurrectional Hypakoë for the tone of the week.

The Chanter chants the Anabathmoi in the tone of the week.

<u>READER</u>: Let us who have beheld the Resurrection of Christ ...

Have mercy on me, O God ... (Psalm 50)

<u>CHANTER:</u> Glory ...

By the intercessions of the Apostles ... Both now ... By the intercessions of the Theotokos ... *Verse:* Have mercy on me, O God ... Jesus, having risen from the grave as He foretold ...

<u>READER:</u> Lord, have mercy. (40 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Reader may say the Resurrectional Kontákion and Oikos for the tone of the week. He may also read the Life or Lives of the Saints for the day, ending with, "Through the prayer of Thy Saints, O Christ our God, have mercy on us. Amen."

The Chanter chants the seasonal Katabasíae. Before the 8th seasonal Katabasía he chants: "We praise, we bless and we worship the Lord." At the conclusion of the 8th seasonal Katabasía, the Chanter chants the 8th Scriptural Ode:

<u>CHANTER</u>: My soul doth magnify the Lord ... *Refrain:* More honourable than the Cherubim ... For He hath looked upon the lowliness of His handmaiden ... *Refrain:* More honourable than the Cherubim ... For the Mighty One hath done great things to me ... *Refrain:* More honourable than the Cherubim ... He hath showed strength with His arm ... *Refrain:* More honourable than the Cherubim ... He hath put down the mighty from their seat ... *Refrain:* More honourable than the Cherubim ... He hath put down the mighty from their seat ... *Refrain:* More honourable than the Cherubim ... He hath holpen His servant Isarel ... *Refrain:* More honourable than the Cherubim ...

The Chanter chants the 9th seasonal Katabasía.

<u>READER:</u> Lord, have mercy. (12 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

<u>CHANTER</u>: Holy is the Lord our God. *(3 times)* Exalt ye the Lord our God ...

The Chanter chants the Exaposteilárion and accompanying Theotokíon for the Eothinón of the week.

The Chanter chants the opening two verses of the Psalms of Praise in the tone of the week:

<u>CHANTER</u>: Let every breath praise the Lord... Praise Him, all ye His angels...

The Reader may say the remaining verses of the Psalms of Praise, beginning with "Praise Him, O sun and moon..." through "To bind their kings with fetters, and their nobles with manacles of iron."

The Chanter chants the remaining verses with the Resurrectional Stichéra in the tone of the week:

<u>CHANTER</u>: To do among them the judgment that is written ...

(1st Sticheron of the Resurrection) Praise ye God in His saints ... (2nd Sticheron of the Resurrection) Praise Him for His mighty acts ... (3rd Sticheron of the Resurrection) Praise Him with the sound of the trumpet ... (4th Sticheron of the Resurrection) Praise Him with timbrel and dance (5th Sticheron of the Resurrection) Praise Him with tuneful cymbals ... (6th Sticheron of the Resurrection) Arise, O Lord my God ... (7th Sticheron of the Resurrection) I will confess Thee. O Lord ... (8th Sticheron of the Resurrection) Glory ... (Doxastikón of the Eothinón of the week) Both now ...

Most blessed art thou, O Virgin Theotokos ... (in the tone of the Doxastikón) Glory to Thee, Who hast shown forth the light ... (and the rest of the Great Doxology, ending with the appointed Troparion, either "Today is salvation come unto the world ..." or "Rising from the tomb ...")

READER: Lord, have mercy. (40 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Lord God make steadfast the holy and blameless Faith ...

More honourable than the Cherubim ...

Lord, have mercy. (3 times)

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

The Reader may now say the 1st, 3rd and 6th Hours followed by Typika, or he may begin immediately with Typika.